



# Frjálsíþróttadeild Ármanns 2024-2025



|   | Mánudagur     | Þriðjudagur | Miðvikudagur  | Fimmtudagur | Föstudagur  | Laugardagur |
|---|---------------|-------------|---------------|-------------|-------------|-------------|
| <b>1.-2.bekkur</b>                      |               | 15:00-15:45 |               | 15:00-15:45 |             |             |
| <b>3.-4.bekkur</b>                      |               | 16:00-17:00 |               | 16:00-17:00 |             |             |
| <b>5.-6.bekkur</b>                      | 16:00-17:30   | 16:00-17:30 |               | 16:00-17:30 |             |             |
| <b>7.-8.bekkur</b>                      |               | 16:30-18:00 | 16:30-18:00   | 16:30-18:00 | 16:00-17:30 |             |
| <b>9.-10.bekkur</b>                     | 17:00-18:30   | 17:00-18:30 | 16:30-18:00   | 17:00-18:30 |             |             |
| <b>Unglinga- og<br/>meistaraflokkur</b> | 18:00-20:00+1 | 18:30-20:30 | 18:00-20:00+1 | 18:30-20:30 | 17:00-19:00 | 10:00-12:00 |
| <b>ALLIR MEÐ</b>                        |               |             | 16:00 – 17:00 |             |             |             |